

CHAPTER I

A. Background of the Study

In this world there are many of problems which had by people. Not only the frequencies of problem, but also the time by one and other are different. There is a problem that just happened right now, also problems that occur since they were born. For example about mental illness which occur since someone born.

According to encyclopedia, mental illness, also called mental disorder or psychiatric disorder, is a behavioral or mental pattern that causes significant distress or impairment of personal functioning. Other definition from, DSM-IV, “a mental disorder is a psychological syndrome or pattern which is associated with distress (e.g. via a painful symptom), disability (impairment in one or more important areas of functioning), increased risk of death, or causes a significant loss of autonomy”, also WHO (World Health Organization) said, “Mental disorders comprise a broad range of problems, with different symptoms. However, they are generally characterized by some combination of abnormal thoughts, emotions, behavior and relationships with others”.

From the three definitions above, the author concludes that mental illness is psychological disorders cause damage to certain body parts that make the sufferer different from normal people. Some people who suffer from mental illness sometimes feel hopeless about their situation, because they are different and insulted. But there are mental illness sufferers who choose to get up and see the positive side that they have. It is because they believe that every thing God has created will have a message that can be taken.

Turtles All The Way Down is novel written by John Green which tells about mental illness as the main theme. There are some aspects which delivered by this novel, they are love, friendship, adventure, and family. Aza Holmes becomes the main character in this novel who suffer mental illness, who often

feel excessive anxiety. With Daisy, -Aza's best friend- they are always discusses some topic that they think interesting. At that time, almost all the hot news reported about the disappearance of Rushell Pickett, he is The Indiana CEO and billionaire. Pickett run away from his house because of several cases he did. The media offered that anyone who found Pickett would be given a hundred thousand dollars. Aza and Daisy were interested in that, so they looking for all of the information related to Pickett. Accidentally, Pickett's son named David is Aza's old friend. Aza and Daisy took advantage of the opportunity to get more detailed information about Pickett, by coming to Davis's house. Davis and his young brother, Noah, are used to living with luxury. Many things made them stunned about the huge and luxurious Pickett's house with all its instruments. The most shocking news is when Pickett died all of his property will be inherited to Tuatara. It looks like lizard which the only surviving member of an order of reptiles which flourished 200 million years ago, it means that his two sons did not get the slightest treasure.

Aza and Davis were falling in love each other, but they did not walk into the love relationship. Because they both think that love is not only the relation, but also the pure feeling and commitment. The problem starts when they will do kissing, and her anxiety returned. Aza thinks that if she kisses Davis, then some viruses sourced from Davis's saliva will flow into her saliva. That thought continues to haunt Aza so they always don't enjoy every touch that they created. Fortunately, Davis accepted this. Because he has enjoyed every moment he spent with Aza.

Friendship between Aza and Daisy is always good, even though they have different characters. Aza is an introvert, always trapped in her own mind and she often feels a spiral inside her. While Daisy is a cheerful, expressive and she has hobby writing a fanfiction about Starwars. Although Aza rarely reads her stories, it doesn't matter to Daisy.

One day they had a problem that made their relationship tenuous. The climax was when in Aza's car, they argued about something. Aza's emotions peaked and she didn't pay attention to the red traffic light, she still drove at high speed. So they have an accident and it makes Aza has a big trauma. Aza's mother always worries about her condition. It makes her overprotective with her daughter. But she always supports what Aza's do. It includes about her friendship with Daisy, falling in love with Davis, also her desire looking for Pickett's whereabouts with Daisy. At the end of the story, Pickett was found dead. Davis and Noah moved to Colorado to continue their lives without their father's wealth. After that, life returned to normal as before Pickett case has come.

There are two reasons why the researcher is interested to analyze this novel. First, about the author of this novel. Because the researcher see that John Green as the author of *Turtles All The Way Down*, so the researcher believes that this novel is great to be analysed. As the last novels before, such as *Looking for Alaska*, *Paper Town*, *The Fault in Our Star*, and so on become an international bestseller and many people analysed it as a thesis. So, the researcher increasingly interested to analyse John Green's novel entitle *Turtles All The Way Down*.

The second reason is about the story line of this novel. *Turtles All The Way Down* has main theme about mental illness. It is interesting to be analysed, because mental illness is still familiar in social communities. It makes the mental illness sufferers are more noticed. The story line is unexpected story that makes this story more interesting. The setting of this story is in Indiana, rarely novel takes Indiana as the setting. So it also increase the knowledge of the reader about Indiana.

B. Problem Statement

In order to depict how mental illness is reflected in this novel, the problem statement is further dissected into the following research questions:

1. What is the type of Aza's mental illness reflected in *Turtles All The Way Down* novel?
2. What are the causes of Aza's mental illness?
3. How does Aza solve the mental illness she suffered?

C. Objective of the Study

The objective of the study is accordance with the research questions, they are:

1. To describe the kind of Aza's mental illness in *Turtles All The Way Down* novel.
2. To identify the causes of Aza's mental illness
3. To describe how Aza solves the mental illness she suffered.

D. Limitation of the Study

To make the accurate analysis, the researcher focuses on analysing Aza's mental illness in John Green's *Turtles All The Way Down* (2007) novel on psychoanalytic perspective.

E. Benefits of the Study

This research is conducted in order to have benefits as follows:

1. Theoretical Benefit

The result of this study is expected to give information, benefits, and contribution to the larger of knowledge particularly the literary study in John Green's *Turtles All The Way Down* novel.

2. Practical Benefit

The researcher expects that this research will give significant benefits in the form information, especially for students of English Department

interested in literary studies who manage themselves to increase their knowledge in analysing *Turtles All The Way Down* novel by using psychoanalytic approach.